



NOTICE OF RACE

LIMASSOL MARINA, CYPRUS · 2026–2027 SEASON



CYPRUS INTERNATIONAL SAILING CLUB
LIMASSOL MARINA, CYPRUS
CISC.CY

RACING FOR AMATEURS, BEGINNERS AND THOSE NEW TO REGATTAS

This series is designed to make competitive sailing accessible, fun and welcoming for everyone. Professional sailors are either excluded or strictly limited in their on-board role.

01 RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS 2025–2028).
- 1.2. No national prescriptions will apply.
- 1.3. The Far East 28R class rules will apply with the exception of the following clauses, which SHALL NOT APPLY:
 - A.9. Sail Numbers — CLASS RULES AND CERTIFICATION subclause (c); CLASS ASSOCIATION MARKINGS
 - C.3.2. CREW WEIGHTS
 - C.5.1. MANDATORY PORTABLE EQUIPMENT — subclause (a)
 - C.7.2. LIMITATIONS — subclauses (a) and (b)
 - G.2.2. CERTIFICATION
 - G.3.2. IDENTIFICATION
 - H.1. SAIL INSIGNIA
- 1.4. If there is a conflict between languages the English text will take precedence.
- 1.5. In case of conflict between the FAREAST 28R Class Rules and the Notice of Race and the Sailing Instructions, the Sailing Instructions will take precedence. In case of conflict between the FAREAST 28R Class Rules and the Notice of Race, the Notice of Race will take precedence. If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions take precedence. This changes RRS 63.7.

02 ELIGIBILITY CRITERIA

BEGINNER-FRIENDLY FORMAT

This series is specifically designed for those starting their racing journey. Teams with no prior regatta experience are warmly welcomed — support is available at every stage.

- 2.1. Category “100% No Pro” (pure amateurs)
 - 2.1.1. This category is open exclusively to amateur sailors.
 - 2.1.2. No Professional Sailor is allowed to take part in the team.
 - 2.1.3. Recommended for beginners, corporate teams and those participating in a regatta for the first time.
- 2.2. Category “No Pro Plus” (with a mentor)
 - 2.2.1. This category is open to amateur sailors.

2.2.2. One Professional Sailor is permitted in the team, acting solely as a mentor/advisor, subject to the following restrictions:

- The Professional Sailor is not allowed to steer the boat, except in situations that present a safety hazard.
- The Professional Sailor is not allowed to operate winches, trim lines, halyards or sheets during the race, except in situations that present a safety hazard.
- The Professional Sailor may provide verbal advice to the crew during the race.
- This format allows beginners to learn directly during racing.

2.3. Definition of "Professional Sailor"

For the purpose of this NOR, a "Professional Sailor" is defined as a person who meets any of the following criteria:

- Participants of the Olympic Games in the "Sailing" programme, regardless of the time elapsed.
- Current or former members of the main or reserve national sailing teams, regardless of the time elapsed.
- Prize winners of World Championships in various yacht classes, regardless of the time elapsed.
- Athletes who receive payment for their participation in a racing crew.
- Athletes who work as sailing coaches.
- Athletes who regularly participate in regattas at various levels primarily as helmsman for more than 4 years.

2.4. Enforcement

- 2.4.1. Teams found to have included a Professional Sailor while participating in the "100% No Pro" category may be disqualified from that stage at the discretion of the Race Committee.
- 2.4.2. The Organising Authority reserves the right to conduct spot checks on team composition based on requests from other participants.

03 NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted online on the Official Notice Board (ONB) located at: <https://t.me/ciscchat>
- 3.2. Notices will be communicated via WhatsApp and/or Telegram. These channels are unofficial and failure to receive information via them is not grounds for a Request for Redress.
- 3.3. BEGINNER WELCOME BRIEFING: an additional introductory briefing will be held before each stage for teams participating in a regatta for the first time. Attendance is mandatory for teams who identify themselves as "first-timers" during registration.

04 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 10:00 on the day it will take effect.

05 SIGNALS MADE ASHORE

When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

06 SCHEDULE OF RACES

STAGE	DATE	CATEGORIES
Stage 1	20 September 2026	100% No Pro / No Pro Plus
Stage 2	18 October 2026	100% No Pro / No Pro Plus
Stage 3	1 November 2026	100% No Pro / No Pro Plus
Stage 4	6 December 2026	100% No Pro / No Pro Plus
Stage 5	17 January 2027	100% No Pro / No Pro Plus
Stage 6	7 February 2027	100% No Pro / No Pro Plus
Stage 7	21 March 2027	100% No Pro / No Pro Plus
Stage 8	18 April 2027	100% No Pro / No Pro Plus
Stage 9	23 May 2027	100% No Pro / No Pro Plus

6.2. Every stage constitutes an individual series of races. Each stage shall constitute 2 cups:

- 100% NO PRO
- NO PRO Plus

6.3. The typical programme for each stage is as follows:

- Registration and inspection of boats
- Beginner Welcome Briefing (additional session)
- General Skippers' Briefing
- Exit from marina
- Racing
- Awards ceremony for the respective stage

The OA may at its discretion adjust the timing of races according to expected optimal weather conditions.

6.4. Number of races: it is the intention of the OA to hold three (3) races per stage.



FLEET START • LIMASSOL BAY

07 RACING AREA

The racing area is in Limassol Bay. The approximate location of the racing area is shown in Appendix A.

08 THE COURSES

The diagrams in Appendix A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

COURSE	DESCRIPTION
W1	Start, Mark 1, Finish
W2	Start, Mark 1, S mark or Committee boat, Mark 1, Finish

09 AREAS THAT ARE OBSTRUCTIONS

The swimming area, marked with round red or orange buoys alongside the beach, is a restricted area. A boat entering this area may be protested and disqualified.

10 TIME LIMITS AND TARGET TIMES

- 10.1. Time limits and target times for the first boat will be set by the Race Committee and published in the Sailing Instructions for each stage.
- 10.2. If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned.
- 10.3. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 10.4. Boats failing to finish within 15 minutes after the first boat finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

NOTE FOR BEGINNERS

Time limits are set with developing teams in mind. If your team doesn't make the cut — don't worry. Experience and progress are what matter most!

11 PROTESTS AND REQUESTS FOR REDRESS

The protest time limit is 60 minutes after the last boat has finished the last race of the day, or the Race Committee signals no more racing today, whichever is later.

The cost to submit a protest is EUR 100.

NOTE FOR BEGINNERS: Race Committee members are happy to explain the protest procedure. Please feel free to ask questions at the briefing.

12 SCORING

- 12.1. One (1) race is required to be completed to constitute a regatta.
- 12.2. A team's score is calculated as follows:
 - For each stage, the team receives a regatta score equal to the sum of finishes in each race completed, divided by the total number of races conducted within the stage, taking into account discards if applied.
 - Teams participating in the "No Pro Plus" category will receive a regatta score equal to the sum of finishes in each race completed, divided by the total number of races conducted within the stage, MULTIPLIED BY 2 (×2).
- 12.3. After 9 stages, the 2 worst stage results will be discarded. The team with the lowest score across all stages, considering the discards, is declared the overall winner.
- 12.4. The winner of a stage is the team with the lowest average score (the arithmetic mean of points for all races within the stage).
- 12.5. If teams have the same score, the winning team will be the one with the highest number of first-place finishes. In case of a tie, the comparison will continue based on second, third and subsequent finishes.

13 CREW AND EQUIPMENT

- 13.1. The skipper of the team must be at least 16 years old as at the time of the first race of the event.
- 13.2. One crew member must be designated as skipper (person in charge) on the entry form.
- 13.3. The minimum number of crew (including the skipper) is four (4) and the maximum is six (6). All registered crew shall sail all races.
- 13.4. All-female teams or youth teams (sailors born after 2006) may have a total crew of seven (7) including the skipper.
- 13.5. The number of crew members cannot be changed during the event.
- 13.6. There is no crew weight limit in place. This changes class rule C3.2.
- 13.7. Substitution of crew members will only be allowed in reasonable, exceptional cases (e.g. injury, illness) and after approval of the OA.
- 13.8. When a crew member (including the skipper) is unable to continue racing due to injury or other emergency, the OA may authorise a substitute, a temporary substitute or other adjustment. The crew must designate a new skipper if required.
- 13.9. Substitution of damaged or lost equipment is only permitted with authorisation by the OA. Requests shall be made to the RC at the first reasonable opportunity.

ADDITIONAL SUPPORT FOR BEGINNERS

Teams participating in a regatta for the first time are encouraged to indicate this during registration. Shore-side briefings and access to volunteer mentors on the pontoon will be available for such teams.

14 EVENT ADVERTISING

Boats shall display event advertising supplied by the Organising Authority.

15 DISCLAIMER OF LIABILITY AND PRIVACY POLICY

- 15.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The OA will not accept any liability for material damage, personal injury or death sustained in conjunction with, or prior to, during or after the regatta.
 - 15.2. All persons taking any part in the event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.
 - 15.3. In cases of Force Majeure, on grounds of administrative orders or for safety reasons, the OA is entitled to make changes to the event or to cancel it. In such cases the OA has no liability for compensation to participants.
 - 15.4. The liability of the organiser for material and property damage of all kinds arising from the conduct of the event is restricted to the amount of the entry fee paid by the participant.
 - 15.5. By participating in the event and signing the disclaimer form, all competitors automatically grant to the OA, the hosting club, event sponsors and partners, photographers and videographers the right in perpetuity to use their image in photos, motion pictures, live or recorded television and other media without compensation.
 - 15.6. The granted rights of use apply to all current and future technical media including multimedia applications (internet, online services), live streaming, print media and other printed materials such as photobooks, calendars and flyers.
 - 15.7. The OA (data controller) undertakes that all personal information collected in connection with entry and participation in the event will be used solely for the purpose of conducting the event. Personal data may be transferred to service providers (e.g. RaceQS) and governing bodies (Cyprus Sailing Federation, World Sailing, EUROSAF). Use of personal data is governed by EU law, in particular the General Data Protection Regulation (GDPR).
-

16 ALLOCATION OF BOATS

The OA has a limited number of boats available for rent, as well as boats from private owners. Boats vary in age but will have the same level of preparation, deck equipment to factory specifications, and the same sail inventory.

Allocation of boats is made on a first-come, first-served basis. Please indicate any crew composition preferences at the time of registration.

17 MALFUNCTION OF EQUIPMENT

- 17.1. Before the start of the first race

Participants are obliged to inspect the boat before the first race. In case of any malfunction, the competitor must notify the OA to arrange repair before the start. Malfunction of equipment shall not be grounds for a Request for Redress.

17.2. During the race

In case of malfunction or damage during a race, the participant must notify the OA. The OA will make reasonable efforts to carry out repairs before the next start. Malfunction of equipment shall not be grounds for a Request for Redress.

18 GENNAKERS

- 18.1. When the average wind speed increases above 15 knots, the Race Committee will display flag O on the RC signal vessel, indicating that NO gennakers shall be used while racing. The RC may additionally transmit the command "gennaker off" via VHF.
- 18.2. Failure to comply will result in disqualification (DSQ) without a hearing. This changes RRS 63.1 and A5.
- 18.3. When the average wind speed decreases below 15 knots, the Race Committee may display flag R on the RC signal vessel, indicating that competitors are permitted to use their gennakers. The RC may additionally transmit the command "gennaker restored" via VHF.

TIP FOR BEGINNERS: the gennaker is a powerful sail that requires solid teamwork. There is no rush to hoist it. Practice gennaker handling on the water before racing — the organisers are happy to help.



CREW AT WORK • FAREAST 28R

19 PRIZES

The OA intends to provide prizes to the top 3 teams at every stage.

The team that takes first place in the overall series (9 stages) will be awarded the Challenge Cup — a perpetual trophy engraved with the team name, the full names of all crew members and the year of victory.

20 ENTRY FEE

Entry fee: EUR 100 per team per stage.

Boat rental: EUR 300 per boat per stage (subject to availability).

21 DAMAGE POLICY

Participants bear full responsibility for any damage caused to a boat through their fault.

EVERY BOAT OWNER IS RESPONSIBLE FOR MAINTAINING ADEQUATE INSURANCE COVER FOR THEIR BOAT.

TYPES OF DAMAGE NOT COVERED BY INSURANCE (100% participants' responsibility):

- Damage to sails
- Damage below the insurance excess amount

The team that caused the damage will be required to reimburse the full cost in accordance with the Damage List in Appendix D:

DAMAGED OR LOST ITEM	COMPENSATION PRICE
Broken mast*	€3,500
Broken boom	€900
Broken kicker	€700
Broken bowsprit	€950
Broken fin (carbon)	€1,500
Broken rudder (carbon)	€1,300
Broken tiller (carbon)	€250
Broken or lost tiller extension	€300
Torn jib or mainsail	€100 per metre
Torn gennaker*	€50 per small cut; up to €300 per metre; full replacement if beyond repair — €3,500
Lost lead bulb	€4,100
Lost outboard motor*	€1,900
Through-hole in hull	Per independent contractor estimate
Gelcoat scratch	€120 per 10 cm
Broken batten	€100

* Not covered by boat insurance — the team responsible must reimburse the full replacement cost.

The prices listed are indicative and may be adjusted based on current supplier pricing and the USD/EUR exchange rate. In cases of dispute regarding the cause of damage, a decision will be made by a joint committee of the Club Board of Directors.

22 REGISTRATION

22.1. Registration office:

At the pier next to the veranda of Fridays Restaurant, Limassol Marina

E-mail: hello@cisc.com.cy

Phone: +357-96-655-136

Website: <http://cisc.com.cy>

22.2. Registration deadline:

19:00 Cyprus time on the day immediately preceding Day 1 of the respective stage.

22.3. Registration procedure:

Registration is complete when the participant has taken all of the following steps:

- Fill in the electronic entry form including crew nomination and submit to the OA.
- Transfer the entry fee to the OA.
- Sign the Disclaimer of Liability form and submit to the OA.
- If a crew member is under 18 years old, a parent or guardian must complete a Declaration of Consent and submit it to the OA.
- Indicate at registration whether the team is participating in a regatta for the first time (to receive the additional Beginner Welcome Briefing).

23 ORGANISING AUTHORITY

23.1. The Organising Authority (OA) is CYPRUS INTERNATIONAL SAILING CLUB.

23.2. Location: Limassol Marina, Pier B, next to TGI Fridays restaurant.

23.3. Contact details:

- E-mail: hello@cisc.com.cy
- Administration: Olena Gryshchova, tel.: +357-96-655-136
- President of the Club: Artem Mochalov, tel.: +357-96-767-445
- Website: <http://cisc.com.cy>

23.4. Banking details:

Beneficiary	CYPRUS INTERNATIONAL SAILING CLUB
Beneficiary's Bank	Bank of Cyprus
IBAN	CY60002001950000357029751477

APPENDIX B — BOATS PROVIDED BY THE ORGANISING AUTHORITY

1. Competitors shall not modify boats or cause them to be modified in any way, except that:

- A compass may be tied or taped to the hull or spars.
 - Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat.
 - Hulls, centreboards and rudders may be cleaned, but only with water.
 - Adhesive tape may be used anywhere above the waterline.
 - All fittings or equipment designed to be adjusted may be adjusted, provided that class rules are complied with.
2. All equipment provided with the boat for sailing purposes shall be in the boat while afloat.
 3. The penalty for not complying with the above instructions will be disqualification from all races in which the instruction was broken.
 4. Competitors shall report any damage or loss of equipment, however slight, to the OA representative immediately after securing the boat ashore. Failure to do so — unless the protest committee is satisfied that the competitor made a determined effort to comply — will result in disqualification from the most recently sailed race.
 5. There is no requirement for competitors to be members of the class association.
 6. The event will be sailed on FAREAST 28R boats in private ownership and provided by the OA.
 7. All sails on board rented boats (mainsail, jib and gennaker) will be provided by the OA.
 8. Variations in the boats and their equipment, despite all measures taken by the OA for equalisation, will not be grounds for redress.

The following actions are prohibited unless in an emergency or as directed by the RC, OA or technical committee:

- Sailing in a manner that could cause serious damage or injury.
- Tying in or binding the jib.
- Any additions or alterations to the equipment supplied.
- Use of equipment for a purpose other than that intended.
- Moving equipment from its normal stowage position, except when being used as intended.
- Replacement of any equipment (exception: damage, in which case replacement may only be carried out by the OA).
- Marking of sails, boat or equipment; perforation of sails; or attachment of additional telltales to sails.

Handover of boats:

A boat may only be handed over to a team in the presence of an RC member and/or OA representative, with the relevant checklist signed by both parties. Upon receipt, the team must inspect the boat and report any existing damage. Before returning the boat, the team shall restore it to its original condition and report any new damage.

Crew positioning (class rule C.3.3):

Crew shall not stand or lean out over the cockpit safety lines or stern rails to promote roll tacking, roll gybing or to increase hiking leverage. The crew facing outboard may hike, but their waist must remain inside the lower lifeline. This changes RRS 49.2. Clause C.12(B) does not apply to the helmsman, whose legs must face inboard.

Use of bowsprit (class rule 9.4):

The bowsprit shall be fully retracted at all times except when the gennaker is being set, setting or being retrieved, and shall be retracted at the first reasonable opportunity after retrieval. An extended bowsprit shall not be considered part of the boat for the purposes of establishing an overlap or right of way, unless the gennaker has

been set. While racing, teams are permitted to begin extending the bowsprit only after altering course from windward to downwind.

Limitations on standing rigging (class rule C.9.5):

The forestay and shrouds shall not be adjusted whilst racing. Adjustment of the backstay control line is permitted.

NO PRO RACE — RACING FOR THOSE WHO LOVE THE SEA AND WANT TO GROW!

CYPRUS INTERNATIONAL SAILING CLUB · HELLO@CISC.COM.CY · +357-96-655-136 ·
CISC.COM.CY